

# Cavendish News

Friday 10<sup>th</sup> February 2017

[www.cavendish.manchester.sch.uk](http://www.cavendish.manchester.sch.uk)

[www.cavendishpta.org.uk](http://www.cavendishpta.org.uk)

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## WE ARE A HEALTHY SCHOOL

Please remember that as part of our mission to create brilliant citizens, Cavendish is a healthy school and we try to teach our children about the importance of a healthy and balanced diet. Therefore, we ask that children only bring fruit or veg into school as a snack - this includes for after school activities as well as break times. If your child has a packed lunch, please consider very carefully what goes into their lunchbox so that it is healthy, balanced and nutritious.

<http://www.cavendish.manchester.sch.uk/sites/default/files/PageFileUploads/HEALTHY%20PACKED%20LUNCH.pdf>

Finally, if you feel it is essential to bring sweets to school to give to your child at the end of the day, please wait until you are off the school premises before you hand them over. Children have a (lovely) habit of sharing their treats but they do so without knowledge of the various food allergies or religious requirements their friends might have, and the danger or difficulty they could be putting them in.

Here's an extract from our Healthy Food and Drink Policy to remind everyone of our stance:

### d) Snacks, Rewards and Treats

***Fruit and vegetables are the only break-time snack allowed. High fat, high sugar snacks will not be given as rewards in school. High fat, high sugar snacks will not be given out as birthday treats, even if brought in to school by parents/carers. All birthdays will be celebrated in school and parents/carers are welcome to provide an alternative birthday treat eg a class book, if they so wish.***

Thank you for your co-operation.

### WORLD BOOK DAY AND SCHOOL BOOKSHOP

It's World Book Day on Thursday 2 March. Children may dress up as a book character if they wish – ***but they don't have to, so please don't feel pressured into having to create a costume.*** They can bring in a copy of their favourite book to share with their class if you prefer. The School Bookshop will also be visiting Cavendish after half term and Ms Cooper will be letting you know about that soon.

### PARENT/CARER USE OF MOBILES

Please would all parents and carers refrain from using mobile phones or cameras to take photographs on school premises. There are a number of children whose families do not wish them to be on photographs that are then shared with strangers. We therefore ask you to respect the privacy of all our children.

## ARE YOU PARKING AND STRIDING?

### SPORTS NEWS FROM MR KING

Two Y4/5 swimming teams will be competing in the South Manchester gala today, both hoping for a place in the Citywide finals next month.

Our athletes won their Sportshall heat and are through to the citywide final, also next month. Ms Margaret and Ms Flitcroft were both hugely impressed with the talent and teamwork needed to achieve this.

Two new after school clubs will be starting after half term: Squash (Tuesday) and Archery (Wednesday). Archery will take place on the school field (well away from the football club I promise!!) and squash will be held at The Northern, which hopefully heralds the start of another successful community-school-club link. Contact details for both clubs are on the after school club list released this week.

This year's Sainsbury's active kids voucher scheme has started, so if that's where you do your shopping then please start collecting and sending them in. We'll use them to get lots of new lunchtime equipment for the children to use.

Mr. Tate's class had the chance to go to the National Squash Centre yesterday. It's such a fast game, it was hard to get photos of them practising their skills. They also got to watch 2 top class players in action.



### NEXT WEEK AT CAVENDISH

Parent/carer/teacher appointments are taking place next week from Monday to Thursday. You should have received a letter about this and already made an appointment by now, but if your letter didn't arrive home, please phone or email us. We might not be able to fit you in next week, but your child's teacher will be able to arrange a mutually convenient time to meet with you after half term.

Year 6 children are visiting our local synagogue on Wednesday to support their work on Judaism.

Year 3 children will have Egyptian workshops in school on Thursday.

***Please remember that we close on Friday 17 February, and the children are not in school from 20 to 24 February inclusive. School re-opens on Monday 27 February.***

### RECEPTION TRIP TO SKIPTON CASTLE

Our Reception classes have been learning about castles. Our teaching teams are very creative and there are wonderful castle role-play areas for the children to use whilst they are at school. However, nothing beats the sheer majesty of a real castle, so on Wednesday this week 90 children (and many adults – thank you to all who volunteered, as we couldn't have run the trip without you) went to Skipton Castle and had a fabulous day learning first-hand about its features and history.

