

Friday 6<sup>th</sup>  
January 2023

[www.cavendish.manchester.sch.uk](http://www.cavendish.manchester.sch.uk) [www.cavendishpta.org.uk](http://www.cavendishpta.org.uk)

 @CavendishM20

 office@cavendish.manchester.sch.uk

## Happy New Year!

Welcome back to a new year and a new school term. We hope everyone had a relaxing break with family and friends. There is lots to look forward to in the year ahead and we can't wait to see how the Cavendish children grow, learn and achieve in 2023. Thank you for your continued support.



## Diary Dates

24<sup>th</sup> Jan – 5MD class assembly  
25<sup>th</sup> Jan – 5MT class assembly  
26<sup>th</sup> Jan – 5LM class assembly  
1SM class assembly  
9<sup>th</sup> Feb – 4NC class assembly  
17<sup>th</sup> Feb- finish for half term

## Cavendish Values

The Cavendish value we will be exploring this half term is...POSITIVITY!  
A great reminder of how a positive mind-set can influence our lives. The children began the new term with an assembly all about choosing a positive outlook and an 'I can' attitude. They also were encouraged to think about their goals and aspirations.

HAPPINESS  
IS A MOOD.  
POSITIVITY  
IS A MINDSET.

## BRILLIANT ECO CITIZENS

We have new recycling bins that our Cavendish Council have organised. They will be placed on both playgrounds for all to use. We hope it will remind everyone to recycle their rubbish and be responsible citizens!



Eco Tip – use reusable containers for your break time fruit/vegetable snack.



## Healthy Mind - Tip of the Week

Happier January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Find three things to look forward to this year	2 Make time today to do something kind for yourself	3 Do a kind act for someone else to help brighten their day	4 Write a list of things you feel grateful for and why	5 Look for the good in others and notice their strengths	6 Take five minutes to sit still and just breathe	7 Learn something new and share it with others
8 Say positive things to the people you meet today	9 Get moving. Do something active (ideally outdoors)	10 Thank someone you're grateful to and tell them why	11 Switch off all your tech at least an hour before bedtime	12 Connect with someone near you - share a smile or chat	13 Take a different route today and see what you notice	14 Eat healthy food which really nourishes you today
15 Get outside and notice five things that are beautiful	16 Contribute positively to your local community	17 Be gentle with yourself when you make mistakes	18 Get back in contact with an old friend	19 Focus on what's good, even if today feels tough	20 Go to bed in good time and allow yourself to recharge	21 Try out something new to get out of your comfort zone
22 Plan something fun and invite others to join you	23 Put away digital devices and focus on being in the moment	24 Take a small step towards an important goal	25 Decide to lift people up rather than put them down	26 Choose one of your strengths and find a way to use it today	27 Challenge your negative thoughts and look for the upside	28 Ask other people about things they've enjoyed recently
29 Say hello to a neighbour and get to know them better	30 See how many people you can smile at today	31 Write down your hopes or plans for the future				

ACTION FOR HAPPINESS

Happier · Kinder · Together

## Book Donations

We are in the process of creating a fantastic EYFS reading area in nursery and we need your help.

We are asking for BOOK DONATIONS suitable for 3-5 year olds and in good condition. Please hand in at the office or with your child's teacher.



You Said

We Did

At Cavendish, we value the views of our school community, especially our parents, carers and children. Thank you for your responses to the LPPA survey and the equality & diversity feedback.

You said that you would like to know the senior leadership team.

Therefore, we will be introducing SLT staff over the half term and coming to say hello as much as possible at the beginning and end of the school day.



## Brilliant Citizens

In this section of the newsletter we hear all about how the children are being **BRILLIANT** citizens!

One of our pupils has been **BRILLIANT** in sport.

They started judo in May and this is their second competition which he came third place in after 4 wins and 3 loses.

Excellent achievements in sport.  
Well done!



We love to hear about how our children are achieving and making a difference outside of school. If you would like to share your news in the Cavendish newsletter, please let us know what you have been up to by emailing the school office... [office@cavendish.manchester.sch.uk](mailto:office@cavendish.manchester.sch.uk)

## Attendance

Whole school attendance for the Autumn Term was 94.2% which is below National expectation. Our goal is to increase this for the coming term. We expect children to be in school every day unless they are too ill to attend. Please ensure all non-urgent medical appointments are made outside normal school hours.

### The Cavendish Values

Creating **BRILLIANT**  
Citizens

RESPECT      EQUALITY      POSITIVITY  
RESPONSIBILITY      KINDNESS      COURAGE

