


Friday 22<sup>nd</sup>  
September 2023

[www.cavendish.manchester.sch.uk](http://www.cavendish.manchester.sch.uk) [www.cavendishpta.org.uk](http://www.cavendishpta.org.uk)

 @CavendishM20

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## Diary Dates

27<sup>th</sup> Sep: PTA annual general meeting

OCT: Black History Month

5<sup>th</sup> Oct: World Teacher's Day

13<sup>th</sup> Oct: Y6 residential to RobinWood

19<sup>th</sup> Oct: 2LB Class Assembly

20<sup>th</sup> Oct: Show Racism the Red Card Day

20<sup>th</sup> Oct: school closes

30<sup>th</sup> Oct: return to school

## We are PROUD of our VALUES

The children have been BRILLIANT this week at showing the values in their behaviour. Showing how it is...

**Good to be Green**

**and even better to be Golden!**

Our behaviour system in school encourages the children to be their very best selves by staying on track in their attitude (GREEN) and going above and beyond in showing our golden values (GOLD).

### The Cavendish Golden Values



## International Day of Peace

This week, children have been exploring the idea of peace to mark International Day of Peace. In assemblies, they thought about what peace looks and feels like. They have also been thinking about what difference they can make by spreading peace and making our community more peaceful.



## Rain coats

Please can we ask that children come to school **every day** with a **waterproof coat** for play times. The weather is unpredictable but we want the children to get as much fresh air and time outdoors as possible.





## Reading Competition



# JOIN MANCHESTER'S ONE MILLION MINUTES CHALLENGE!

30 Oct - 10 Nov 2023

Read for Good and Read Manchester are coming together to challenge Manchester schools to read for One Million Minutes!

Unlocking stories for Royal Manchester Children's Hospital. By reaching the One Million Minutes target, readers will unlock free books for children in the local community AND an extra day of storytelling for children at Royal Manchester Children's Hospital.

### How the challenge works

Pupils log their minutes using **Track My Read**® (think Strava for reading!). Go to [trackmyread.org](http://trackmyread.org) to register your school and set up your Track My Read. By linking your Track My Read to the Manchester One Million Minutes challenge, all your pupils' minutes will count!

### Ways to get those minutes up

Whether you have a daily Drop Everything and Read, whole-class story time, or watch one of Read for Good's author events - all reading counts. Just add the minutes to Track My Read, or if you don't want to use the digital tracker, then just email your minutes to [holly@readforgood.org](mailto:holly@readforgood.org)

### Finally, inspire children to read whatever they love

Whether it's comics or graphic novels, non-fiction or picture books, audio or blogs, it's all about letting children choose the books and stories they love. We hope this challenge will help your students feel proud of the reading they do every day.

One Million Minutes Challenge... here we come!



# Cavendish Coffee Morning



## Everyone is welcome!

Friday mornings 9:05am - 10:05am

Annex Building

\*please come through the main school office and sign in

Meet new people. Feel part of the community. Babies and toddlers welcome.

Get to know the Cavendish staff as they drop by for a coffee and a chat.



REGISTER ONLINE TO TAKE PART:



[readforgood.org/manchester-2023](http://readforgood.org/manchester-2023)

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## Art Competition



By Negar Gheibi

We want your students to be represented!

Ask them to create a picture reflecting on

"What Peace Means To Me"

Every year, Mayors for Peace holds an art competition on the theme of peace for children aged 6 to 15 to promote peace education in its member cities.

The winning entry for the Mayors for Peace President's Award will be adopted as the design for Mayors for Peace clear document folders which are used on various occasions, incl. United Nations conferences, to promote awareness about the importance of peace education.

### Art Competition - Application Guidelines

#### 1. Participants and categories

Participants: Children aged 6 to 15 (as of November 1, 2023) who commute to or live in Manchester. Categories: Category 1 (aged 6 to 10) and Category 2 (aged 11 to 15)

#### 2. Theme "What Peace Means to Me"

#### 3. Artwork requirements

The winning entry for the Mayors for Peace President's Award will be printed on clear document folders. Therefore, artwork will have to meet the following requirements to be eligible: Use only white B4-sized or A3-sized paper.

Only drawings and paintings are allowed. Photo collages, digital art, etc. will not be accepted. There are no restrictions on the type of materials to be used.

Artwork must be drawn/painted on flat surfaces so that they may be scanned.

Artwork must not have been submitted to other competitions, except those hosted by member cities where selected artwork will be submitted to the Mayors for Peace Secretariat.

Artwork must be produced by an individual (collaborative work will not be accepted).

Artwork must not infringe on the rights of a third party, such as copyrights (including animated characters), trademarks, or portrait rights.

Emblems for the Red Cross Society and other similar emblems are not allowed. Only one submission per applicant will be allowed.

#### 4. Application procedure

Artwork must be scanned at a resolution of 300 dpi or higher. Create a JPG file (under 10 MB) for each artwork and save it as filename artist's name age.

Email your entries to Mayors for Peace Manchester, [elena.tompkins@manchester.gov.uk](mailto:elena.tompkins@manchester.gov.uk) by 15 October, 4pm.

#### 5. Schedule

Deadline for submission to the Secretariat: Tuesday, October 31, 2023.

Announcement of results scheduled for late November 2023.

Shipping of certificates and commemorative gifts scheduled for December 2023.

#### 6. Prizes

One First Prize, two Second Prize, and three Third Prize works will be selected for each category. In addition, special prizes may also be awarded to participants in either category. The Mayors for Peace President's Award will be awarded to one of the two First Prize works.

Certificates and commemorative gifts will be sent to member cities whose works are selected as winners. In addition, the winner of the Mayors for Peace President's Award and their member city will each receive 20 clear document folders printed with the name, age, country/region, city of the artist, and the image of the submitted artwork.

The Lord Mayor of Manchester will present certificates and commemorative gifts to the winners.

#### 7. Notes

The Mayors for Peace Secretariat shall own copyrights and usage rights to all submitted artwork. The Secretariat also owns the right to publicize, present, exhibit, print and distribute copies of submitted artwork without the artists' consent.

## The Cavendish Values

Creating **BRILLIANT** Citizens

RESPECT    EQUALITY    POSITIVITY  
RESPONSIBILITY    KINDNESS    COURAGE







## BRILLIANT CITIZENS

In this section of the newsletter we hear all about how the children are being **BRILLIANT** citizens!



### Outdoor swimming!

Saffiya and Harris both started open water swimming this summer and really enjoyed it. They want to share their experiences and the health benefits of it as well. Remember to always supervise children and take advice from

<https://www.uswimopenwater.com/>

Thank you for the inspiration  
Saffiya & Harris!

### Brilliant Donation!

Charlotte, had her first ever haircut and donated her hair to the Little Princess Trust. A BRILLIANT haircut and a BRILLIANT act of charity. Well done Charlotte!



We love to hear about how our children are achieving and making a difference outside of school. If you would like to share your news in the Cavendish newsletter, please let us know what you have been up to by emailing the school office...  
[office@cavendish.manchester.sch.uk](mailto:office@cavendish.manchester.sch.uk)





## KEEPING SAFE & BEING HAPPY

# ONLINE SAFETY FOR UNDER 5s

## 10 Top Tips for Parents and Carers

According to Ofcom's most recent research, a significant proportion of children are already online by the time they start school, with 17% of 5-year-olds owning their own mobile phone and 50% using messaging platforms. As becoming familiar with technology is generally encouraged in younger children – and has been essential for education during the pandemic – it is crucial that trusted adults recognise both the benefits and the risks of infants and toddlers using digital devices. We've compiled our top tips to help the under-5s start their online safety journey.

### 1 USE DEVICES TOGETHER

This lets you monitor and control what your child is using the device for. It also provides the interaction that supports children's understanding of what they're seeing – allowing them to ask you questions, and so on.

PARENT CODE:  
\*\*\*\*\*

### 6 BLOCK IN-APP PURCHASES

If your child uses a device that's linked to a payment method (such as a bank card), use the parental controls to block buys from app stores, as well as in-app purchases. That will prevent your child from accidentally spending money while on your device.

### 2 ACTIVATE PARENTAL CONTROLS

Most digital devices have built-in parental controls that can limit the type of content children have access to. If your little one uses any device (even borrowing yours), it's a good idea to explore what controls the device has and enable them whenever they have access to it.

### 7 CHOOSE SAFE APPS AND SITES

There are some fantastic apps and platforms that are specifically designed to be safer for children. Always check the PEGI age rating before downloading an app, and test it yourself before allowing your child to use it.

### 3 MANAGE SCREEN TIME

This can be tricky, especially if your child is interested in a certain video, app or game. Try to agree on some ground rules and get your child into a routine which includes certain times of the day when they go without devices.

### 8 INVOLVE THE FAMILY

If your toddler has older siblings, it's likely that their rules for device use will be different – and that they'll access content that isn't appropriate for younger ones (a particular worry if they share devices). Encourage the whole family to be good role models and help little ones stay safe online.

### 4 TALK ABOUT BEING SAFE ONLINE

Just like we teach children about being safe in the real world, we need to educate them about how to stay safe online. Use age-appropriate language to help them understand, and plenty of hand gestures can reinforce what you're telling them.

### 9 IF IN DOUBT, ASK

The easiest way to find out what your child is doing online is usually just to talk about it with them. Developing an open dialogue at an early age helps them grow up feeling able to talk to you about their digital life – providing opportunities to intervene if you're concerned.

### 5 SET A GOOD EXAMPLE

Children often learn by watching and copying those around them, and using digital devices is no exception. When you're around your child, try to follow the same rules that you've set for them. Let them see you balancing your time online with interacting with people in real life, too.

### 10 SUPPORT CREATIVE & ACTIVE PLAY

Physical and creative activities are important for a child's wellbeing, and there are plenty of ways to incorporate technology into that. For example, you could encourage games that require physical movement; dance and sing along to songs your child loves; and follow step-by-step crafting videos.

### Meet Our Expert

Konstantina Moustaka is a professional development and EYFS coordinator at an 'outstanding' nursery school in London. She has been working as a nursery and early years practitioner, both in the UK and internationally, for the past 16 years.







## GROWING BRILLIANTLY

# My Emotions Are Like Clouds

Our emotions are like clouds. They can be white and fluffy when we're feeling joyful or calm. And they can also be grey and stormy when we're feeling angry or sad. They are always moving, changing, and floating.

If the clouds are rainy or stormy, we can use an "umbrella". This means we can take care of ourselves doing things like taking a warm bath, talking about our feelings with someone safe, reading a book, going for a walk, or closing our eyes and counting backward.

Our emotions are like clouds. The grey rainy or thunder clouds come and pass by. And then the white puffy clouds come. And then the rain starts again. They are always moving, changing, and floating.

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