



PE

**Cavendish Community Primary School
Cavendish Road
West Didsbury
Manchester
M20 1JG**

Headteacher : Mrs J Taylor
PE Subject Lead : Mrs Mitchell and Mr Foster
Tel : 0161 445 1815
E-mail : office@cavendish.manchester.sch.uk
head@cavendish.manchester.sch.uk



Cavendish Primary School PE Policy

“CREATING BRILLIANT CITIZENS”



VISION STATEMENT

At Cavendish, our vision is for all children to experience high-quality physical education, school sport and physical activity, to become confident and competent individuals, which will contribute to our pupils leading more physically active and healthy lives.

Intent

All at Cavendish Community Primary School are committed to the health and well-being of our pupils. We strive for excellence in performance whilst recognising every child's achievements will be different. Our PE curriculum is an excellent opportunity to instil Cavendish values (Equality, Positivity, Courage, Respect, Responsibility and Kindness) into our pupils. We also offer a broad range of extra-curricular activities in order to elevate children's opportunities and aspirations.

As a rights respecting school, we believe that all children have the right to relax and play, as well as lead healthy lifestyles.



Aims

- **Equality** – To provide equal opportunities to all pupils, so that they can develop skills to promote a healthy lifestyle.
- **Positivity** – To promote enjoyment of and engagement in physical activity.
- **Courage** – To challenge and motivate all pupils to improve their performance.
- **Respect** – To be able to work as part of a team and individually.
- **Responsibility** – To provide opportunities for children of all abilities to be able to engage in different leadership roles during PE lessons.
- **Kindness** – To develop spiritual, moral, social and cultural awareness through competitive and co-operative activities.

Inclusion

It is expected that staff deliver a full national curriculum to the children and that they prepare for lessons thoroughly by reading the planning, getting resources ready beforehand



and adapting plans where necessary and for children with specific needs. Our school uses a scheme of work called Get Set 4 PE and the subject leader inputs a long-term plan at the beginning of each calendar year.

In planning and teaching P.E teachers will have due regard for the following principles:

- EYFS will follow plans on Get Set 4 PE as well as giving children opportunities to be physically active as outlined on the EYFS statutory framework.
- All children in KS1 and KS2 will have full access to the P.E National Curriculum
- Lessons will be adapted using the STEP principles, so that all pupils are included.



Physical Activity

As a school, we are fully committed to ensuring that children grow up with a positive attitude to exercise. We try to ensure that each day:

- Each child in EYFS receives 3 hours of physical activity
- Each child aged 5-11 receives a minimum of 60 minutes of physical activity

Curriculum

We aim to provide a well-balanced curriculum which covers the statutory requirements for the Early Years Foundation Stage (EYFS) and the PE National Curriculum.

Reception, Key Stage 1 (KS1) and Key Stage 2 (KS2)

In Reception (EYFS), opportunities are provided for children to be active and to develop their co-ordination, control and movement through moving and handling activities which involve the use of a range of equipment and involve different spatial experiences. Structured lessons and opportunities for outdoor physical activity amount to **at least two hours** each week, which includes continuous provision in EYFS.

Pupils in both KS1 and KS2 **must engage in two hours** of high quality PE during the course of each week. In KS1 the curriculum builds on the fundamental movement skills of agility, balance and co-ordination taught in EYFS. Curriculum content includes ball skills and team



games, gymnastic and dance activities.

All pupils in EYFS, KS1 and KS2 will be taught:

- Fundamental movement skills
- Gymnastic activities
- Games related skills; including Target and Invasion, Net and Wall, Team Building and Striking and Fielding
- Dance
- Athletics

Key Stage 2

At KS2 pupils continue to apply and develop a range of skills and units of work include a range of invasion, net / wall, and fielding and striking games, gymnastics, dance, athletics, swimming and outdoor and adventurous activities.

All pupils in KS2 will be taught:

- Net/wall games
- Athletics
- Dance
- Gymnastics
- Invasion games
- Outdoor adventure activities
- Striking and Fielding
- Swimming

Curriculum map

<http://www.cavendish.manchester.sch.uk/page/pe/117263>

Safeguarding

All adults working with children in school are to be checked for appropriate DBS clearance. This includes coaches working for a term at a time as well as staff working on a one-off basis or with clubs. The responsibility for this lies with the Safeguarding Team.

Extra-Curricular programme

Our extra-curricular programme compliments and supplements the range of activities covered in curriculum time. The planned programme reflects a breadth and balance across the National Curriculum areas of activity, alongside offering newer sporting activities. We participate in a range of inter-school fixtures, tournaments and festivals within the Manchester School Games Partnership. At the beginning of each term, we publish a documented timetable of clubs. The extra-curricular content aims to be varied – including competitive and non-competitive and team- and individual based clubs appropriate for all

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pupils.

Health and Safety

Accident reporting

Any accidents should be recorded in the class accident book.

In the event of wet weather, the children, who were timetabled to do outdoor PE, will have access to an indoor hall to participate in a PE lesson.

PE Kit and uniform

Children will come to school in their PE kit on the days they are participating in a PE lesson.

- Children are expected to wear plain, black shorts, leggings or tracksuit bottoms, a plain white t-shirt, a plain red jumper (school jumper is advised) and sports trainers.
- All items of jewellery should be removed for all P.E lessons. Children who have had their ears recently pierced should bring tape from home to tape over the earrings. Teachers must not remove earrings or take responsibility for the safe keeping of valuables.
- Hair should be tied back at all times, where a child comes without a bobble, they will be given one by a member of staff.

PE Resources

- It is the responsibility of all members of staff to keep the PE container tidy, putting back equipment where the labels are.
- Gymnastics equipment must be returned to the areas indicated in the hall.
- The subject leader will audit PE resources each summer term.
- Teachers should let the PE subject leader know of any equipment or resources needed to teach PE that is not already available.
- The site manager will inspect the outdoor area each morning for hazards.
- The teacher delivering an indoor session is responsible for ensuring apparatus is correctly erected and safe. Children should not move equipment without supervision.
- The teacher should ensure that there are no hazards in the hall during PE.
- Children must not be responsible for the PE equipment container and must not enter the container unsupervised.

Impact

In PE, children will be assessed on the level descriptors from the National Curriculum. Each child will be assessed at the end of each unit and at the end of the year an overall level will be given, based on progress and effort. This will be reported to parents in each child's end of year report.

