

Cavendish Community Primary School

PSHE Policy

The Importance of PSHE

We regard PSHE as an integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Our Cavendish mission is to create 'Brilliant Citizens' and that is what we do. Our school values are **Equality, Respect, Positivity, Responsibility, Kindness and Courage**. Our Personal, Social, Health and Economic education (PSHE) programme promotes our school values by supporting children's health and wellbeing; their personal and social development; and their understanding of the wider world. It helps to give children the knowledge and skills they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

At Cavendish, children's wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with children.

Our PSHE curriculum is broad and balanced, ensuring that it:

- ◆ Promotes the spiritual, moral, cultural, mental and physical development of our children and of society.
- ◆ Prepares our children for the opportunities, responsibilities and experiences they face during their time at school and for adult life.
- ◆ Provides information about keeping healthy and safe, emotionally and physically
- ◆ Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

PSHE education is guided by the values of:

- Honesty
- Kindness
- Trust
- Responsibility
- Friendship
- Self-control
- Empathy
- Respect
- Tolerance

How is PSHE taught at Cavendish?

We teach PSHE through the Jigsaw scheme. It is a spiral curriculum with the following Jigsaw puzzles covered (see appendix 1 for more details)

Autumn 1: Being Me in My World

Autumn 2: Celebrating Difference

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing me

Organisation / Provision - PSHE is delivered within a whole school approach which includes:

- ◆ Dedicated Jigsaw curriculum time each week including a Jigsaw assembly at the start of each half term.
- ◆ Specialised assemblies i.e. NSPCC Childline assembly; eSafety etc
- ◆ PSHE activities and school events i.e. International Day of Happiness, Anti-Bullying Week, Road Safety Week etc
- ◆ Pastoral care and guidance i.e. Drawing and Talking Scheme, Playworker sessions
- ◆ Visiting speakers i.e. school nurse
- ◆ School Council
- ◆ Buddy Bus Stop scheme
- ◆ Check in boards in classrooms
- ◆ Worry boxes

We are proud to be a Healthy School. We achieve the Healthy Schools Award each year. We are also a UNICEF Rights Respecting School.

Relationships Education

In Summer 2021, Relationships and Health Education at primary became statutory. We are confident that the Jigsaw Programme covers all aspects of Relationships and Health Education within the context of a full PSHE programme in an age appropriate way. See separate Relationships Education policy for more information.

Drugs and Alcohol safety

Teaching about drugs is a part of the Jigsaw scheme and will begin in Key Stage 1, when pupils are taught about the importance of medicines and their safe handling.

In Key Stage 2, pupils are taught what a drug is. They will learn that alcohol is a drug and the facts and risks associated with it. We teach pupils that smoking is a minority habit, and its effects and risks to our health. We also teach pupils about the dangers of volatile-substance abuse, because of the high risk of accidental death, especially for first-time and occasional abusers.

We acknowledge that by the time pupils are in Year 6, some of them may have had some experiences with drugs already, so we must help to equip pupils to handle risky situations, before they actually meet them.

See separate Drugs and Alcohol policy for more information.

First Aid

All state-funded schools in England are required to teach first aid as part of health education for all Key Stages. This includes basic first aid skills for common injuries. KS2 need to know: How to make a clear and efficient call to emergency services; Concepts of basic first-aid e.g. dealing with common injuries, including head injuries. We teach lessons planned specifically for KS2 children designed by St John Ambulance. As well as head injuries and calling emergency services, it also covers: Year 3: Bites and stings; Year 4: Asthma; Year 5: Bleeding; Year 6: Choking. It also covers basic life support.

Inclusion

It is incredibly important to staff at Cavendish that all pupils are able to access this vital learning, therefore we consider the individual needs of children when planning lessons and activities. We ensure we use adaptive teaching methods to allow all children to learn and achieve in PSHE. Examples of adaptive teaching methods include:

- Accessibility e.g. suitable font, resources printed on dyslexia friendly coloured paper
- Chunk teacher talk and information into manageable sections
- Pre-teach concepts
- Pre-teach vocabulary
- Additional verbal or visual cues
- Modelling, examples and clarification of what good learning looks like
- Peer support
- Reframe questions to provide greater scaffolding or greater stretch
- Sentence stems
- Target additional adult support