



Friday 14<sup>th</sup>  
June 2024

[www.cavendish.manchester.sch.uk](http://www.cavendish.manchester.sch.uk) [www.cavendishpta.org.uk](http://www.cavendishpta.org.uk)

@CavendishM20

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## Diary Dates

- 20<sup>th</sup> June: World Refugee Day
- 21<sup>st</sup> June: Eid Event
- 24-26<sup>th</sup> June: Mad Science Workshops
- 3<sup>rd</sup> July: INSET day (no children)
- 4<sup>th</sup> Jul: Polling day (no children)
- 10<sup>th</sup> July: Nursery Trip to Smithills farm
- 12<sup>th</sup> July: 2CC Class Assembly
- 12-13<sup>th</sup> July: Reports out
- 12<sup>th</sup> July: PTA Summer Fete
- w/b 15<sup>th</sup> July: Health & Wellbeing Week
- \*sports days to follow
- 19<sup>th</sup> July: Y4 Llandudno Trip
- 23<sup>rd</sup> July: 3MTA Class Assembly
- 24<sup>th</sup> July: finish for summer holidays

## Excited for play!

Our playground improvement project is coming along and the children have been patiently and curiously watching the building works. We look forward to unveiling it soon!



## Road RESPONSIBILITY

TEMPORARY TRAFFIC REGULATION ORDER – **Thursday 20th June on Vicker Grove 08:00 – 09:30am**

If you want to find out more or wish to be a marshal, come along **Tue 18th June at 4pm** here at school.

## ATTENDANCE Matters

Last week's whole school attendance was 95%

Class winners of the attendance trophies were...

Nursery & Reception

Dragonflies 94.8% & RFK 100%

Y1&2 1AM – 98.3%

Y3&4 3MT - 96%

Y5&6 5MD – 99.6%



## Community Cavendish

It's local festival West Fest on 6<sup>th</sup> July. A celebration of local businesses in West Didsbury! Kickstart your summer along Burton Road & Lapwing Lane with a day of festive activities.

Watch this space for how Cavendish will be involved!



## The Cavendish Values

Creating **BRILLIANT** Citizens

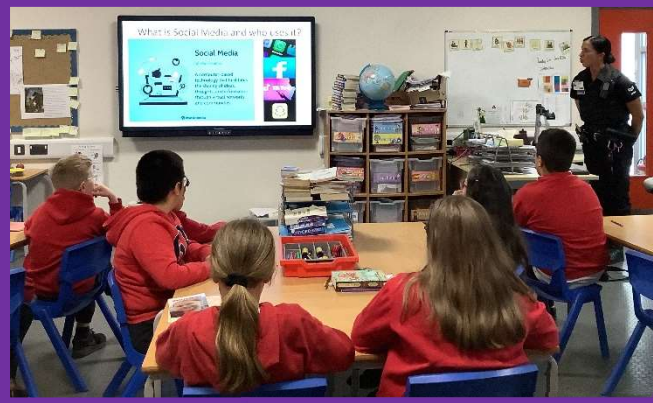
RESPECT    EQUALITY    POSITIVITY  
RESPONSIBILITY    KINDNESS    COURAGE





## Safety Talk with Police

A huge thank you to Sergeant Wells for coming to carry out safety sessions with our Y5&6 children last week. They covered - keeping safe online, being safe in the community and the help of the police.



She was super impressed with the children's attitudes and their knowledge of keeping safe. Thank you for visiting Sergeant Wells!



## Religious Festivals

Happy Eid to our families celebrating over the weekend and on Monday.

**Please let the school office know if your child will be absent on Monday due to Eid.**



**COME AND CELEBRATE**

**EID-AL-ADHA FAIR**

**FRIDAY 21ST JUNE**  
**3.30 - 5pm**

**Rhodes Building**  
*(Entrance via School carpark)*

The celebrations will include food, drinks, music, henna, activities, a showcase of the children's learning and more!

## Eid Family Event @ Cavendish

Join us after school on Friday 21st June to celebrate Eid-al-Adha at our Eid Fair in the Rhodes building.

There will be food, dancing, activities, henna and much more! If you can volunteer for the fair please complete our volunteers form:

<https://forms.gle/UHBhpS6YUzBPPMzRA>

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Thank you to everyone who joined us for the Cavendish Champions procession at Didsbury Festival on Saturday. We're delighted to share that we won 2nd Place for Best in Procession. Everyone made so much effort with their outfits and we think everyone looked amazing (special shout out to our Synchronised swimmers complete with swimming pool). To see the photos from the day visit our blog - <https://www.cavendishpta.org.uk/news/second-place-win-for-the-cavendish-champions>



We're aware that not everyone in our school community knows who the PTA are, what we do, and why. So what better way to explain it than to ask the kids? Watch our video "We are Cavendish PTA" - <https://youtu.be/u7-kF9I9NRM?feature=shared>

We would be very grateful if you could take a minute to complete our PTA Events Survey: <https://forms.gle/VAENVYzbyHxSSGDN6> Cavendish PTA are keen to connect with the school community and make the PTA a welcome environment for all. Your feedback will help to shape our events for 2024/25 and also help us to understand how we can better engage with the school community. Thank you for your time!

Meet the PTA! Tess is our Secretary and the newest member of the PTA team. Tess has two young children and works in Communications for a charity. She says "My favourite part of being a committee member is the opportunity to engage with my children's school community and play a role in enhancing their education experience, supporting their school activities, and contributing to a positive environment for all students."

To read the full interview find us on instagram, twitter and Facebook by searching @cavendishpta or visit our blog - <https://www.cavendishpta.org.uk/news/tess-alba-secretary>





Here are the results of the parent survey from last term continue. Here's what you had to say about us being a Rights Respecting School...

**UNICEF Rights Respecting School – do you understand what it means to be a Rights Respecting School?**

74% said yes  
0% said mostly  
16% said a little  
10% said no

We recently were reaccredited SILVER school status. If you would like to find out more and see the full report, click on the link...

<https://www.cavendish.manchester.sch.uk/page/unicef-rights/133289>

For a full overview of the results, see the You Said We Did page on the school website, <https://www.cavendish.manchester.sch.uk/page/you-saidwe-did/134472>

You Said

We Did

## BRILLIANT CITIZENS

In this section of the newsletter we hear all about how the children are being **BRILLIANT** citizens!

After a lot of hard work training her dog Alba, Annabelle won Best Junior Handler at Didsbury Festival Dog Show. They also came 2nd in Best in Show!  
Well done Annabelle & Alba!



We love to hear about how our children are achieving and making a difference outside of school. If you would like to share your news in the Cavendish newsletter, please let us know what you have been up to by emailing the school office... [office@cavendish.manchester.sch.uk](mailto:office@cavendish.manchester.sch.uk)



**stars**  
Drama Academy

Stars Drama Academy presents...

## ALICE IN THE PARK

AT DIDSBURY PARK  
In the bird garden

Supporting  
**The Christie**  
Charity  
REGISTERED CHARITY NO 1201654

Sunday  
16<sup>th</sup> June 2024

**BOOK ADVANCE TICKETS NOW**  
Email - [starsdramaacademy@yahoo.co.uk](mailto:starsdramaacademy@yahoo.co.uk)  
**TICKETS £6**

Come and join Stars Drama Academy for a fun filled event in aid of **The Christie** at Didsbury Park on Sunday 16<sup>th</sup> June.

Children will meet characters from Alice in Wonderland and get to interact with a fun show for all the family.

Performed at regular intervals throughout the afternoon. **Show times 12pm, 1pm, 2pm, 3pm.**

Bring a blanket/chair or cushion & grab a picnic and come and help us raise funds for The Christie and support Friends of Didsbury Park. Some rain cover and chairs will be provided but come prepared!

It's advisable to book advance tickets to guarantee a slot.

Please email [starsdramaacademy@yahoo.co.uk](mailto:starsdramaacademy@yahoo.co.uk) with details of how many tickets you would like and any preference of time.

Come along and enjoy the fun in the Park on the day!

KWA

Hello lovely parents at Cavendish!  
We have some brand new Musical Theatre and Dance classes being added to our KWA timetable from next Tuesday 18th June. These classes will run at Christ Church in West Didsbury and the first class is a **FREE TRIAL!**

Sign up below and bring your child along to try a class at South Manchester's leading performing arts school! We would love to see them there!

4pm - 4:45pm : Mini Musical Theatre (ages 4-6)  
**BOOK HERE: Musical Theatre - Minis (4 - 6yrs) at Christ Church West Didsbury, West Didsbury | KittyWatsonActing | Powered by ClassForKids**

4:45pm - 5:45pm : Junior Musical Theatre (ages 7-11)  
**BOOK HERE: Musical Theatre - Juniors (7 - 10yrs) at Christ Church West Didsbury, West Didsbury | KittyWatsonActing | Powered by ClassForKids**

5:45pm - 6:45pm : Dance for Musical Theatre (ages 7+)  
**BOOK HERE: Dance for Musical Theatre (6 - 18yrs) at Christ Church West Didsbury, West Didsbury | KittyWatsonActing | Powered by ClassForKids**

## HELP US WIN £1,000 FOR OUR LIBRARY!



Nominate us at [nationalbooktokens.com/schools-prize](https://nationalbooktokens.com/schools-prize) and you could win a £100 gift card!

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#rebuildthelibrary

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## GROWING BRILLIANTLY

# 8 easy ways to change4life



### 1 sugar swaps



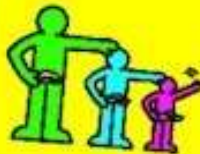
Swapping sugary snacks and drinks for ones that are lower in sugar can really make a difference to your kid's calorie intake.  
Tip: Switch from sugary drinks to no-added-sugar drinks such as water, milk, flavoured fruit juice or zero-sugar-taste fizzy drinks.

### 2 meal time



It's important for kids to have regular, proper meals as they may miss out on essential nutrients otherwise.  
Tip: Don't let your kids skip breakfast - low sugar cereals, toast or fruit are a great way to kick-start their day.

### 3 me size meals



Even though they're growing, kids need to eat the right amount for their age - not too little and not too much.  
Tip: Give your kids a portion that matches their age, not the same amount of food as you.

### 4 snack check



Many snacks are full of fat, sugar and salt so keep an eye on how many less healthy snacks your kids are having.  
Tip: Keep count: many people are very good at how many sweets, crisps and biscuits their kids get through!

### 5 5 a day



It's easier than you think to give your kids five portions of fruit and veg every day. For kids, one portion is as simple as a handful.  
Tip: Freeze and divided fruit and veg so eat too - it's quick and cheap to boil or use frozen peas or even a can of sweetcorn.

### 6 cut back fat



We all know that too much fat is bad for us, but it's not always easy to tell where it's lurking.  
Tip: Grilling or baking food is the best, rather than frying it, can cut the fat content by about a half!

### 7 60 active minutes



Kids need to do at least 60 minutes of activity a day to help them stay happy and healthy.  
Tip: It doesn't have to be organised sport - running around, going to the playground or just walking instead of taking the car all count!

### 8 up and about



Spending too long in front of the TV, computer or video games can make our bodies don't burn off enough fat.  
Tip: Some families find that getting a dog is a good way to keep their kids active.

For lots more ideas and tips to help your kids stay fit and healthy, sign up to Change4Life today.

Search for **change4life** or call **0300 123 4567**

Change4Life members should not receive this magazine if they are 18 or over, are not a parent or guardian, or are not a UK resident. Our offices are open from 9am to 5pm on weekdays.



## KEEPING SAFE & BEING HAPPY

# What Parents & Educators Can Learn from the OFCOM MEDIA REPORT 2024

Each year, Ofcom – the UK’s regulatory body for communications – produces an overview of children and parents’ media experiences over the course of the previous year. At the time of writing, the latest of these reports, ‘Children and parents: media use and attitudes 2024’ has just been published, and we’ve plucked out some of its most thought-provoking findings regarding online safety.

### ONLINE LIVES

**99%** of 8-17s had regular access to the internet

**65%** of 13-17s prefer short videos to films and TV

**34%** experienced harassment or bullying online

**11-18s** felt more confident communicating online (71%) than in person (53%)

**87%** of 8-17s felt pressure to be popular on social media

### SCREEN TIME

By children’s age group, the percentage of parents who felt less able to manage their child’s screentime were ...



### POPULAR PLATFORMS

Most used by children ...

Under-12s

YouTube **89%**

WhatsApp **37%**

TikTok **35%**

Snapchat **27%**

Instagram **22%**

Over-12s

YouTube **88%**

WhatsApp **82%**

TikTok **78%**

Snapchat **73%**

Instagram **69%**

### ONLINE GAMING

**68%** of children played video games online

Who did these children most commonly play with?

**74%** played with someone they know

**32%** played with strangers

### ONLINE SAFETY IN SCHOOLS

**93%** 8-17s had at least one lesson about online safety

**93%** of children are aware of at least one thing they can do to stay safe online

**91%** children found these lessons useful

**78%** of 8-17s were aware of age restrictions for apps

**40%** admitted to faking their age to bypass these limits

### PARENTAL CONCERNS

The things that most commonly worry parents and carers about their child being online include ...

**77%** seeing age-inappropriate content

**70%** being harassed or bullied

**68%** seeing pro-self-harm content

**62%** having their data gathered by companies

**59%** being influenced by extreme views

**55%** having their reputation damaged

**51%** being pressured to spend money

### DEVICES MOST USED TO GO ONLINE

Age Group	Device	Percentage
3-4s	use tablets	<b>67%</b>
5-7s	use tablets	<b>77%</b>
8-10s	use tablets	<b>73%</b>
11-15s	use phones	<b>95%</b>
15-17s	use phones	<b>97%</b>

#WakeUpWednesday

The National College