



Friday 28th
June 2024

www.cavendish.manchester.sch.uk www.cavendishpta.org.uk

@CavendishM20

office@cavendish.manchester.sch.uk

Diary Dates

- 3rd July: INSET day (no children)
- 4th July: Polling day (no children)
- 9th July: Reception trip to Formby beach
- 10th July: Nursery Trip to Smithills farm
- 11th July: Y2 trip to Wythenshawe Park
- 12th July: non-uniform day (tombola donation)
- 12th July: 2CC Class Assembly
- 12th & 15th July: Reports out
- 12th July: PTA Summer Fete
- w/b 15th July: Health & Wellbeing Week
- *sports days to follow
- 19th July: Y4 Llandudno Trip
- 23rd July: 3MTA Class Assembly
- 24th July: Y6 trip to Crocky Trail
- 24th July: finish for summer holidays

COURAGE

The Cavendish value we are focusing on this half term is COURAGE.

COURAGE DOES NOT ALWAYS ROAR. SOMETIMES COURAGE IS THE QUIET VOICE AT THE END OF THE DAY SAYING I WILL TRY AGAIN TOMORROW.

Sports Days

Nursery & Reception – Wed 17th July

Reception 9:15-10:15

Nursery 10:30-11:30

Year 1 & 2 – Tues 16th July

9:30-11:00

Year 3 & 4 – Thurs 18th July

9:30-11:00

Year 5 & 6 – Mon 15th July

9:30 – 11:00

We look forward to seeing you there – entrance will be via the staff car park and onto the field.

ATTENDANCE Matters

Last week's whole school attendance was 95%

Class winners of the attendance trophies were...

Nursery – Dragonflies 92.7% & Reception

RFK – 96.5%

Y1&2 1AM – 92.8%

Y3&4 3MTA – 95.9%

Y5&6 5LM - 92%



Community Cavendish

It's local festival West Fest on 6th July. A celebration of local businesses in West Didsbury! Kickstart your summer along Burton Road & Lapwing Lane with a day of festive activities.



Creating **BRILLIANT** Citizens

The Cavendish Values

RESPECT EQUALITY POSITIVITY
RESPONSIBILITY KINDNESS COURAGE



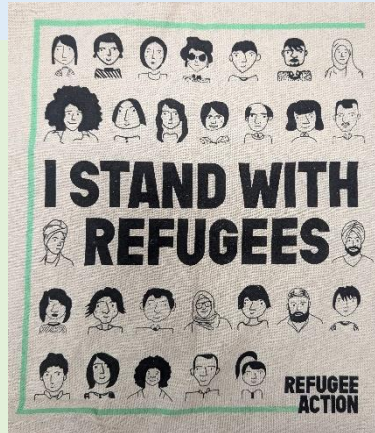
REFUGEE DAY

Last week, we marked Refugee Day with lots of activities, assemblies and discussions. The theme this year was 'Our Home'. As a School of Sanctuary, this forms an important part of the children's learning and growth as a BRILLIANT citizen.



Refugee Action, a charity that supports refugees in the UK, came in to school to deliver an assembly to KS2 on refugees and how the charity helps them. They also gave all children an 'I stand with refugees' sticker. Please check out their website for further information if you would like to support them in any way.

<https://www.refugee-action.org.uk/refugee-action-greater-manchester/>



As a UNICEF Rights Respecting school, children are aware of the special protection if you were a refugee child.

Some of the Year 5 children (which included our future Young Interpreters) walked over to Didsbury Library on Wednesday to meet Maria Motunrayo-Adebisi, the author of an epic new fantasy series inspired by West African mythology. Maria talked to the children about the first book in the series called Koku Akanbi and the Heart of Midnight. Koku's entire family were killed during a war and he was brought to London as an orphan and refugee but when he is 13 he accidentally unleashes a demon on a school trip and has no idea what he has set in motion.

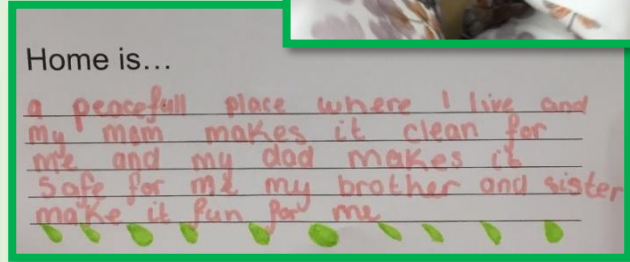
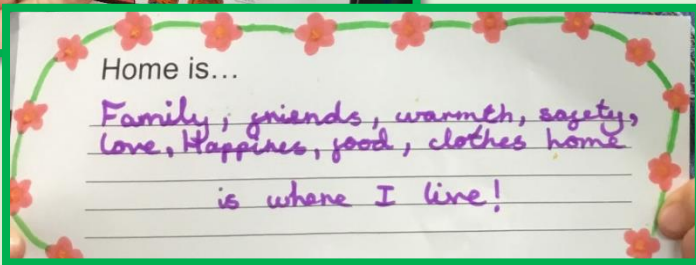
One child said their home means happiness with people that look after them. Another child said their home means they can grow up happy and enjoy life with their family around them.



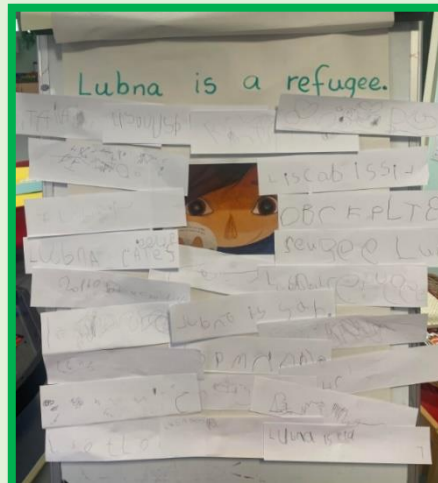
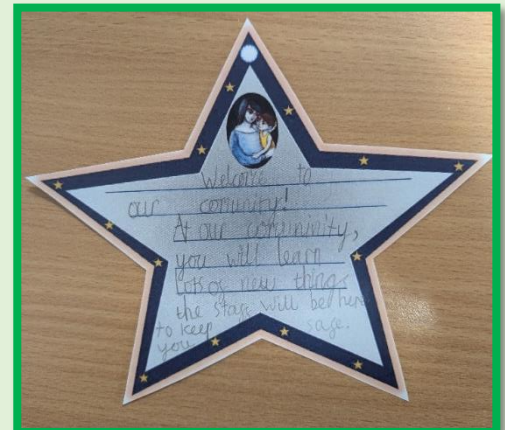


REFUGEE DAY

KS2 thought about what home means to them and whether it is one specific place, many places or a feeling.



KS1 read the story of Adnan, a young refugee boy who helps his mum remember. They then wrote messages to Adnan or other refugees to make them feel welcome if they were to come to our school.



Nursery used the story Lubna and Pebble to explain what refugees are.

Special mention to Tayem who brought in a teddy bear for a refugee. What a lovely act of kindness to provide some comfort to a refugee.

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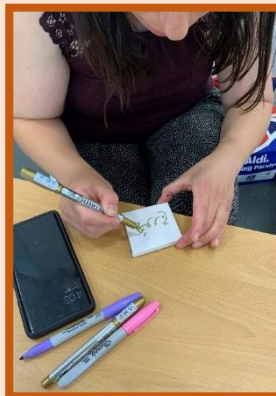


Religious Festivals

EID Fair



Thank you to everyone who joined us for our Eid Fair and to all of our wonderful volunteers. The food was amazing, the henna and calligraphy stunning, and the crafts so much fun! The music, decorations, photographs of family celebrations, dress up corner and generous donations to the toy drive made it a very special event. We really have a wonderful community. And we're excited to announce we raised an incredible £1372.53!!!



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Friday 12th July will be an own clothes day in exchange for a bottle for the Bottle Tombola. Any drinks welcome (alcoholic and non-alcoholic) we just ask that they are in date. Please bring your bottle(s) to drop off where there will be collection points at the school gates.

Bottle Donation

Friday 12th July

Bring a bottle (drinks only) to school drop off for the bottle tombola



There's still time to enter our competition to win a £20 voucher to spend in our PTA shops. With preloved uniform, toys and children's clothing there's lots to choose from. To enter go to our instagram page: https://www.instagram.com/p/C8T5zdZtbHq/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA

We need your photos from May and June! Send us your photos of the Didsbury area for a chance to be featured in our first school calendar. Send a hi-resolution photo of the Didsbury area to enquiries@cavendishpta.org.uk with the photographers name and where the photo was taken.

Cavendish Calendar

We need your photos

Email a hi res image of the Didsbury area to enquiries@cavendishpta.org.uk



SUMMER Fete

Friday 12th July
3.30-6pm

Games Hoop acrobatics Bar
Live music Entertainment Face glitter
BBQ Cakes

Free Entry

Cavendish Community Primary School
On the school field (entrance via car park)

Our Summer Fete is back and it's going to be bigger and better than ever! With food, drinks, games, live music and entertainment it's going to be a great way to see out the school year.

Date: Friday, 12th July

Time: 3:30pm-6:00pm

Location: School field (access via car park)

We need help with setting up for the event, running the stalls, and clearing up at the end of the day. You can volunteer for the whole thing or just parts of it, and as we are a registered charity you may be able to claim it as a volunteer day with your company's volunteering scheme!

If you can help please fill in our volunteer form:

<https://forms.gle/oalJSdXYEVz2cSmo8>

We need you

We're looking for volunteers for our Summer Fete on Friday 12th July

We need help with setting up, running the stalls, and clearing up at the end of the day. If you can help fill in the volunteer form or email enquiries@cavendishpta.org.uk

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BRILLIANT CITIZENS

In this section of the newsletter we hear all about how the children are being **BRILLIANT** citizens!

Amara and Noora did a book sale to raise money for endangered sharks - they raised £42.45! They also sold homemade bracelets and shark bookmarks. Great **RESPONSIBILITY** for our planet and a real **LOVE** of animals. Well done!



LSC

Monday 29th July - Friday 2nd August
9:30 am - 3:30 pm or 8 am - 6 pm

Reception to Year 6

Childcare vouchers & tax-free childcare schemes accepted

THE FOOTBALL FACTORY
West Didsbury & Chorlton FC
Brookburn Road, M21 8FE

From **£22.50** a day

Scan to book

www.wearelsc.co.uk/Summer
0800 032 1806
info@wearelsc.co.uk
@WeAreLSC

Community News –
Baby Week in Manchester

Manchester's Baby Week 2024
Mon-8th-Fri-12th July at Old Moat Sure Start Children's Centre

Events Baby Week

Scan for details about all activities
Baby Week 2024

For more information about Baby Week including all the events and activities Visit www.manchester.gov.uk/baby-week



GROWING BRILLIANTLY

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN



Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING



Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT



Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as *applauding their efforts at assemblies* or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY



Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION



Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS



Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE



Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE



Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE



Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

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KEEPING SAFE & BEING HAPPY

<https://www.childnet.com/resources/family-agreement/>

Childnet Family Agreement

A great way to start positive family conversations around online safety, and to agree clear expectations and boundaries.

Start by discussing the questions that are most relevant to your family.

Getting started

- What do we enjoy doing online?
- What apps, games and websites do we use the most?
- Do we already have any rules about use of tech we want to include in our family agreement?

Managing time online

- How does it feel when we use tech for too long?
- How do we know when our screen use is interfering with family life?
- What can we do to help avoid overusing tech?

Sharing

- What should we check before posting images and videos online?
- Do we know how to use privacy settings and what makes a strong password?
- How can we use features like livestreaming and disappearing content safely?

Online content

- How do we decide which websites, apps, games and devices are okay for us to use?
- What can we do if we see something online which seems unreliable or untrustworthy?
- How can we stop ourselves accidentally spending money in a game or app?

Communicating online

- Who can we talk, chat or play games with online? Just family? Friends? Anyone?
- How can we keep ourselves safe if we are communicating with people who we only know online?
- How can we look after our friends when we are online?

If things go wrong

- What can we do if we feel uncomfortable or upset by anything we see or hear online?
- What should we do if someone we only know online asks us for photos, a video call, to meet up or to share personal information?
- Do we know how to find the report and block buttons on the websites, apps and games we use?

To finish...

- How could parental controls help our family?
- What should happen if one of us breaks the family agreement?
- When should we review our family agreement?

Want expert advice?

www.childnet.com/parents-carers-advice

Childnet Family Agreement

Now it is time to write your agreement.

Our agreement:

Who is responsible for this?

What happens if someone doesn't follow the agreement?

Date:

Review date:

Signatures:



For further advice and resources, visit www.childnet.com/parents-and-carers
#childnetinternational @childnet childnet international



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