



Friday 5<sup>th</sup>  
July 2024

[www.cavendish.manchester.sch.uk](http://www.cavendish.manchester.sch.uk) [www.cavendishpta.org.uk](http://www.cavendishpta.org.uk)

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## Diary Dates

- 10<sup>th</sup> July: Nursery Trip to Smithills farm
- 12<sup>th</sup> July: 2CC Class Assembly
- 11<sup>th</sup> & 12<sup>th</sup> July: Reports out
- 12<sup>th</sup> July: Own clothes day (Tombola donations)
- 12<sup>th</sup> July: PTA Summer Fete
- w/b 15<sup>th</sup> July: Health & Wellbeing Week
- 19<sup>th</sup> July: Y4 Llandudno Trip
- 23<sup>rd</sup> July: 3MTA Class Assembly
- 24<sup>th</sup> July: Finish for summer holidays

## Sports Days

- Nursery & Reception – Wed 17<sup>th</sup> July
- Reception 9:15-10:15    Nursery 10:30-11:30
- Year 1 & 2 – Tues 16<sup>th</sup> July    9:30-11:00
- Year 3 & 4 – Thurs 18<sup>th</sup> July    9:30-11:00
- Year 5 & 6 – Mon 15<sup>th</sup> July    9:30 – 11:00

## ATTENDANCE Matters

Last week's whole school attendance was 95%

Class winners of the attendance trophies were...

- Nursery Dragonflies - 93.7%
- Reception RFK – 98.5%
- Y1&2 1CK – 99.3%
- Y3&4 3MTA – 99.7%
- Y5&6 5LM - 99%



## Looking forward...

It's that time where we start to think about the next school year. During our INSET day this week, staff have been getting ready for their classes in September. The children will spend a session with their new teacher on Monday as part of their transition to the next year group.



REPORTS – your child's end of year report will be sent out next week by email.

## LOCAL OFFER



Follow the link to find out what's on offer this summer...

<https://content.govdelivery.com/accounts/UKMANCHESTER/bulletins/3a3954e>



## BRILLIANT FOOTBALL

The year 2 children went to their first ever football tournament last week. They played extremely well and represented Cavendish amazingly using our golden values of respect, kindness, positivity and courage. Coming in third place, we are super proud of them. It was also great to see so many parents there offering the children support!

Well done BRILLIANT footballers!



The Year 4 team did an amazing job at their football competition. They all played with such determination and resilience. It was a tough start to the competition but they didn't give up and won the last 4 games meaning they came home with a trophy! I was very proud of every one of them! Mrs Mitchell

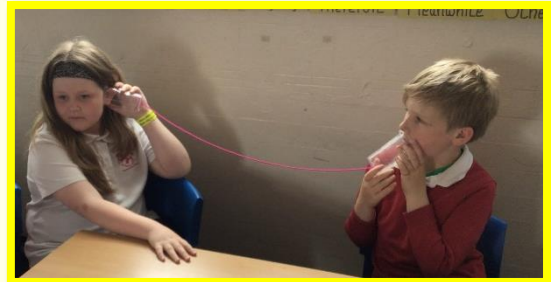
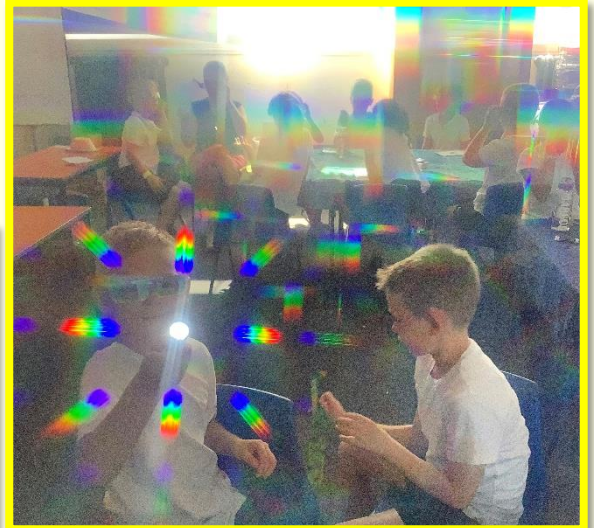




## MAD SCIENCE WEEK at Cavendish!

At Cavendish, we love science and last week the children's scientific curiosity was ignited by some special visitors...

Thank you to Mad Science for the inspiration!



Keep an eye out...over the next few weeks, we will be sharing what's on offer locally for children over the summer holidays.



Join us for our Summer Fete on the school field from 3.30-6pm on Friday 12th July. There'll be food and drink as well as games, glitter, crafts, hoop acrobatics and live music.

**SUMMER Fete**

**Free Entry**

**Friday 12th July**  
3.30-6pm

**Live music, BBQ, Bar, Games, Entertainment, & much more**

**Cavendish Community Primary School**  
On the school field (entrance via car park)

**We need you**

**We're looking for volunteers for our Summer Fete on Friday 12th July**

We need help with setting up, running the stalls, and clearing up at the end of the day. If you can help fill in the volunteer form or email [enquiries@cavendishpta.org.uk](mailto:enquiries@cavendishpta.org.uk)

We still need volunteers to help run the stalls during the Summer Fete. If you can help please fill in our volunteer form: <https://forms.gle/oaLJSdXYEVz2cSmo8>

Friday 12th July will be an own clothes day in exchange for a bottle for the Bottle Tombola. Any drinks welcome (alcoholic and non-alcoholic) we just ask that they are in date. Please bring your bottle(s) to drop off where there will be collection points at the school gates.

**Bottle Donation**

**Friday 12th July**

Bring a bottle (drinks only) to school drop off for the bottle tombola



## GROWING BRILLIANTLY

Check out these healthy food swaps for ideas...



**we're having too much sugar throughout the day, here's how you can help your family cut down.**



## your at-a-glance guide to sugar swaps

Swaps	Things to swap from:	Things to swap to:
<b>Breakfast swap</b>	<ul style="list-style-type: none"> <li>Sugary cereals</li> </ul>	<ul style="list-style-type: none"> <li>Plain porridge</li> <li>Plain wholewheat biscuits</li> <li>Plain shredded whole grain</li> </ul>
<b>Drinks swap</b>	<ul style="list-style-type: none"> <li>Fizzy drinks</li> <li>Sugary drinks</li> <li>Sugary squash</li> </ul>	<ul style="list-style-type: none"> <li>Water</li> <li>No-added-sugar drinks</li> <li>Sugar-free drinks</li> <li>Lower-fat milks</li> <li>Diet drinks</li> </ul>
<b>After school snack swap</b>	<ul style="list-style-type: none"> <li>Muffins</li> <li>Cakes</li> <li>Croissants or pastries</li> <li>Biscuits</li> <li>Chocolate bars</li> <li>Cereal bars</li> <li>Sugary breakfast cereal</li> <li>Puddings</li> <li>Sweets</li> </ul>	<ul style="list-style-type: none"> <li>Fruit, fresh and tinned (in juice not syrup)</li> <li>Cut up vegetables such as carrot or cucumber sticks</li> <li>Plain rice cakes</li> <li>Toast or bagel with spread such as low fat spreads and reduced fat hummus</li> <li>Wholewheat biscuits and shredded whole grain cereals</li> <li>Plain unsalted nuts</li> <li>Fresh or tinned fruit salad (not in syrup)</li> <li>Fruited teacake</li> </ul>
<b>Pudding swap</b>	<ul style="list-style-type: none"> <li>Chilled desserts</li> <li>Cakes</li> <li>Ice cream</li> <li>Puddings</li> <li>Yoghurt</li> </ul>	<ul style="list-style-type: none"> <li>Fruit, fresh and tinned (in juice not syrup)</li> <li>Fresh or tinned fruit salad (not in syrup)</li> <li>Sugar-free jelly</li> <li>Low-fat, lower-sugar yoghurt</li> </ul>



**quick. i need a sugar swap!**



© Crown copyright 2015. CAL268 Sugar Swaps Checklist, 1p 350K Jan 15 (GNS)



## KEEPING SAFE & BEING HAPPY



### WhatsApp safety guide for parents



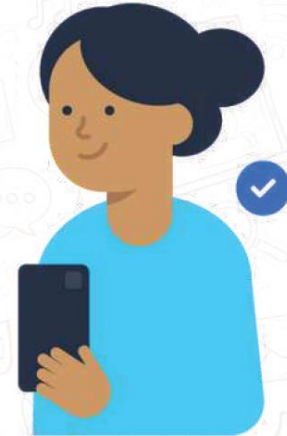
WhatsApp's minimum age in the UK



Kids aged 3-17 who use WhatsApp



Kids under 13 who use WhatsApp



### 5 tips to keep kids safe on WhatsApp



**1 Review privacy settings** WhatsApp has a range of privacy and security settings to keep users safe. Customise groups, app access, live location and more.



**2 Customise contacts** Show your child how to report and block unwanted contacts. Then, work with them to add their friends and family. Review and talk about their contacts regularly.



**3 Talk about personal information** Make sure your child understands what personal information is. Talk about the importance of keeping that information private on WhatsApp.



**4 Show them where to get support** If something goes wrong or they see something worrying on WhatsApp, make sure they know to come to you, and talk about other sources of support.



**5 Check in regularly** Once you've done all of the above, check in with them regularly to review settings and how they use WhatsApp.



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