

CAVENDISH PSHE CURRICULUM OVERVIEW

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Puzzle 1 – Being Me in My World	Puzzle 2 – Celebrating Difference	Puzzle 3 – Dreams and Goals	Puzzle 4 – Healthy Me	Puzzle 5 – Relationships	Puzzle 6 – Changing Me
Children from Nursery to Year 6 will complete 6 lessons which focus on both the individual and people around them, thinking about teamwork and how to be successful within a group.	Children from Nursery to Year 6 will complete 6 lessons which focus on topics such as challenging stereotypes, how to deal with bullying and looking at the differences between cultures.	Children from Nursery to Year 6 will complete 6 lessons which focus on thinking about future dreams/goals, how to deal with disappointment and building resilience.	Children from Nursery to Year 6 will complete 6 lessons which focus on how to stay healthy both physically and mentally, body hygiene and will touch on issues such as smoking and alcohol with the older children.	Children from Nursery to Year 6 will complete 6 lessons which focus on family and friendships, emotions that we can feel such as trust, appreciation and jealousy and how to deal with conflict.	Children from Nursery to Year 6 will complete 6 lessons which focus on lifecycles, boys' and girls' bodies and the changes that happen as we grow older.